

Name: \_\_\_\_\_

## MEIM-6

In this country, people come from many different countries and cultures, and there are many different words to describe the different backgrounds or ethnic groups that people come from. Some examples of the names of ethnic groups are Hispanic or Latino, Black or African American, Asian American, Chinese, Filipino, American Indian, Mexican American, European American or White, Italian American, and many others. These questions are about your ethnicity or your ethnic group and how you feel about it or react to it.

In terms of ethnic group, I consider myself to be:		<i>(fill in)</i> _____			
<b>Check the box to indicate how much you agree or disagree with each statement.</b>		Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
1	I have a lot of pride in my ethnic group and its accomplishments.	[ 1 ]	[ 2 ]	[ 3 ]	[ 4 ]
2	I am active in organizations or social groups that include mostly members of my own ethnic group.	[ 1 ]	[ 2 ]	[ 3 ]	[ 4 ]
3	I feel a strong attachment towards my own ethnic group.	[ 1 ]	[ 2 ]	[ 3 ]	[ 4 ]
4	I think a lot about how my life will be affected by my ethnic group membership.	[ 1 ]	[ 2 ]	[ 3 ]	[ 4 ]
5	To learn more about my ethnic background, I have often talked to other people about my ethnic group.	[ 1 ]	[ 2 ]	[ 3 ]	[ 4 ]
6	I have a strong sense of belonging to my own ethnic group.	[ 1 ]	[ 2 ]	[ 3 ]	[ 4 ]
7	<p>Check the number that gives the best answer to each question.</p> <p>My race/ethnicity is:</p>	[ 1 ]	[ 2 ]	[ 3 ]	[ 4 ]
		[ 5 ]	[ 6 ]	[ 7 ]	[ 8 ]
		[ 9 ]	Other (write in): _____		
8	My father's race/ethnicity is (use numbers above)	_____			
9	My mother's race/ethnicity is (use numbers above)	_____			

MEAN SCORES: Summing 1-6. AA: 16.96 (SD = 4.18),  $\alpha = .81$ . EA: 13.42 (SD = 3.77),  $\alpha = .82$ .

Williams, M. T., Duque, G., & Wetterneck, C. T. (2015, November). Ethnic identity and regional differences as buffers against anxiety and depression in a national sample of African American young adults. In B. A. Feinstein & T. A. Hart (Chairs), *The role of resilience in the health and well-being of minority populations*. Symposium conducted at the Association of Behavioral and Cognitive Therapies, Chicago, IL.